

Publications

Journal Manuscripts

Client: Aerocrine

- Alving K, Anolik R, Crater G, LaForce CF. Validation of a new portable exhaled nitric oxide analyser, NIOX VERO: Randomized studies. *Pulm Ther* 2016; DOI10.1007/s441030-017-0032-8. <http://www.medengine.com/Redeem/BC87F0600B0A5026>
- Crater G, Rickard K, Jain N. Measurements with NIOX VERO using 6- and 10-s exhalation modes in children with asthma aged 4-10 years: A randomized study. *Pulm Ther* 2016; DOI10.1007/s41030-017-0028-4. <http://www.medengine.com/Redeem/5687F060783C4983>
- Carroll WD. NIOX VERO: Individualized Asthma Management in Clinical Practice. *Pulm Ther* 2016; DOI 10.1007/s41030-016-0018-y

Client: Estonia University

- Laanpere M, Ringmets I, Part K, Allvee K, Veerus P, Karro H. Abortion trends from 1996 to 2011 in Estonia: special emphasis on repeat abortion. *BMC Women's Health* 2014; 14: 81.

Client: GlaxoSmithKline

- Atsuta R, et al. Assessing usability of the "Adherence Starts with Knowledge 20" (ASK-20) questionnaire for Japanese adults with bronchial asthma receiving inhaled corticosteroids long term. *Allerology International* 2016; p1-7. <http://dx.doi.org/10.1016/j.alit.2016.09.001>
- Riley J, et al. Correct usage, ease of use, and preference of two dry powder inhalers in patients with COPD: analysis of five phase III, randomized trials. *Int J COPD* 2016; 11: 1873-1880.
- Saito T, Takeda A, Hashimoto K, Kobayashi A, Hayamizu T, Hagan G. Triple therapy with salmeterol/fluticasone propionate 50/250 mcg plus tiotropium bromide improves lung function versus individual treatments in moderate-to-severe Japanese COPD patients: a randomized controlled trial – Evaluation of Airway sGaw after treatment with tripLE. *Int J COPD* 2015; 10: 2393-2404.
- Asai K, Kobayashi A, Makihara Y, Johnson M. Anti-inflammatory effects of salmeterol/fluticasone propionate 50/250 mcg combination therapy in Japanese patients with chronic obstructive pulmonary disease. *Int J COPD* 2015; 10(1): 803-811.
- Dobbins R, Byerly R, Gaddy R, Gao F, Mahar K, Napolitano A, Amberly P, Le Monnier de Gouville AC. GSK256073 acutely regulates NEFA levels via HCA2 agonism but does not achieve durable glycaemic control in type 2 diabetes. A randomised trial. *Eur J Pharmacol* 2015; 755:95-101. doi: 10.1016/j.ejphar.2015.03.005.
- Ishikawa N, Hattori N, Kohno N, Kobayashi A, Hayamizu T, Johnson M. Airway inflammation in Japanese COPD patients compared with smoking and non-smoking controls. *Int J COPD*. 2015;10:185-192.
- Cahn A, Mehta R, Preece A, Blowers J, Donald A. Safety, tolerability and pharmacokinetics and pharmacodynamics of inhaled once-daily umeclidinium in healthy adults deficient in CYP2D6 activity: a double-blind, randomized clinical trial. *Clin Drug Investig*. 2013 Sep; 33(9): 653-64. doi: 10.1007/s40261-013-0109-6.
- Bareille P, Harges K, Robertson J, Davis A, Allen A. Efficacy of a new selective steroid (GW870086) in asthma: an adaptive, randomised, controlled trial. *Current Drug Therapy* 2013; 8: 69-75.
- Bareille P, Harges K, Donald AC. Efficacy and safety of once-daily GW870086 a novel selective glucocorticoid in mild-moderate asthmatics: a randomised, two-way crossover, controlled clinical trial. *Journal of Asthma* 2013. Early online: 1-6. © 2013 Informa Healthcare USA, Inc. DOI: 10.3109/02770903.2013.837480.
- Kempsford R, Allen A, Kelly K, Saggu P, Crim C. A repeat-dose thorough QT study of inhaled fluticasone furoate (FF/Vilanterol (VI) combination in healthy subjects. *Br J Clin Pharmacol* 2013; 2013 Oct 4. doi: 10.1111/bcp.12243. [Epub ahead of print].

- Kempsford R, Oliver A, Bal J, Tombs L, Quinn D. The efficacy of once-daily fluticasone furoate/vilanterol in asthma is comparable with morning or evening dosing. *Respir Med* 2013; 107 (12): 1873-1880.
<http://www.ncbi.nlm.nih.gov/pubmed/24200619>

Client: Synergy Vision (for Nycomed)

- MacNee William. Systemic inflammatory biomarkers and co-morbidities of chronic obstructive pulmonary disease. *Annals of Medicine*, 2012; Early Online: 1–10 © 2012 Informa UK, Ltd. REVIEW ARTICLE. ISSN 0785-3890 print/ISSN 1365-2060 online. DOI: 10.3109/07853890.2012.732703.
- Van den Berge M, ten Hacken NH, van der Wiel E, Postma DS. Treatment of the bronchial tree from beginning to end: targeting small airway inflammation in asthma. *Allergy* 2013; Jan;68(1):16-26. doi: 10.1111/all.12062. REVIEW ARTICLE.

Client: Livewire Communications (for KOL)

- Blume-Peytavi U, Atkin S, Gieler U, Grimalt R. Skin academy: hair, skin, hormones and menopause - current status/knowledge on the management of hair disorders in menopausal women. *Eur J Dermatol.* 2012 May-Jun;22(3):310-8. doi: 10.1684/ejd.2012.1692.

Conference Posters

Client: Synergy Vision (for Nycomed)

- Calverley PMA, Martinez FJ, Goehring U-M, Bredenbröker D, Brose M, Vogelmeier C. Impact of roflumilast treatment on the rate and duration of exacerbations and overall steroid load in patients with COPD.

Guidelines and Discussion Papers

Client: MGP Ltd

- The primary care management of asthma in real-life settings. *Guidelines in Practice* 2013 (date of preparation: December 2012).
- QIPP Agenda. Round-table debate: implementation and implications of primary care rebate schemes. *Guidelines in Practice* 2013 (Date of preparation: August 2013).

Conference/Meeting Reports

Client: Synergy Vision (for Nycomed)

Report of the European Respiratory Society Conference 2011. Available at:

<http://www.thinkcopdifferently.com/en/COPD-Conferences/~media/Nycomed%20COPD/Conf%20reports/Nycomed%20Final.ashx>

Patient Information Leaflets

Client: Brain Tumour UK (now The Brain Tumour Charity)

Various leaflets about clinical research and brain tumours: <http://www.thebraintumourcharity.org/>

Medical Writing and Business Management Articles

- White K. Networking and securing that crucial first client. *Medical Writing* 2015; 24(3).
- White K. Freelancing – are you ready to go solo? *Medical Writing* 2015; 24(3).
- White K. Medical writing: summarising complex data and translating jargon. *Professional Copywriters Network Copywriting Primer*. Available at: <http://www.procopywriters.co.uk/2015/10/medical-writing-summarising-complex-data-and-translating-jargon/>
- White K. Tool Box. Evernote®. *Medical Writing* 2014; 23(3): 254-255.
- White K. The secrets of longevity. Top tips for freelance durability. *Medical Writing* 2014; 23(3): 247-248.
- White K. Tool Box – Document storage in the cloud. *Medical Writing* 2014; 23(2): 168.
- White K. Working effectively – make it your business. *CRFocus* Spring 2014.

- White K and Battersby A. A medical writers' retreat. From concept to reality. Medical Writing 2013; 22(3): 233.
- White K. Travelling on business? Tips for more efficient and enjoyable business travel. Medical Writing 2013; 22(2): 160.
- White K. Freelancing and life-coaching – an update three years on. Medical Writing 2013; 22(2): 158.
- White K. Websites. Maximising potential. Medical Writing 2012; 21(4): 332.
- White K. Out of Hours. The Write Stuff 2011; 20(2): 129.
- White K. My first EMWA conference: 31st EMWA Conference, Nice, November 2010. The Write Stuff 2011; 20(2): 128.
- White K. A leap of faith – the power of life-coaching. The Write Stuff 2011; 20(4): 251.

e-books

- White K. Writing Process Demystified. 5 Strategies for Efficiency. 2014. Available on request from www.cathean.co.uk.
- White K. Be Clear, Concise and Effective. 10 Top Tips to help you write more clearly to your customers. 2015. Available on request from www.catheanwriting.co.uk.

Presentations

- White K. Working in and on your business – how to work more efficiently as a freelancer. European Medical Writers Association Spring Conference. Dublin. May 2015.
- White K. Working in and on your business – how to work more efficiently as a freelancer. European Medical Writers Association Spring Conference. Budapest. May 2014.
- White K. Working in and on your business – how to work more efficiently as a freelancer. European Medical Writers Association Spring Conference. Manchester. May 2013.
- White K. Working in and on your business – how to work more efficiently as a freelancer. Herts and Cambs Freelance Forum. March 2013.

Equestrian journalism

- White K. Horses and healing. Horse Magazine. February 2017
- Various articles on veterinary and horse management for Equilibrium Products' Wellbeing Centre: <http://www.equilibriumproducts.com/wellbeing-centre/>
- Various event reports and articles for Event Horse Owners Association (EHOA); Eventing Magazine; Eventing Worldwide including reports from international competitions and interviews with top event riders, trainers and officials. Copies available on request.

General interest journalism

- Chat It's Fate magazine: A light through the dark; February 2018 and Life Matters, book review: April 2018.